

## INVISALIGN

We currently offer Invisalign as an alternative treatment option to straighten teeth. Instead of braces, a series of removable aligner trays are worn. The aligners apply pressure to the teeth which will move maligned teeth to an ideal position. At our consultation we will determine if you are suitable for Invisalign, taking impressions and photos. Treatment may take as little as 6 months for simple cases and up to 2 years for more involved cases. Another major advantage is the ease of oral hygiene while using Invisalign. Call our Office to book your consultation and we will be happy to answer your



questions.

BEFORE



## ACID EROSION

*Are you aware that the foods you eat and drink may actually be damaging your teeth? Some foods are very acidic and can eat away at your enamel leaving the sensitive dentin layer exposed. We can review your diet and show you which foods are more problematic and advise the necessary changes. For the smaller areas of acid erosion, sensitivity can be controlled with desensitizing toothpastes or enamel fortifying pastes/gels. Larger areas may need fillings. If you do eat or drink an item that is acidic, the best thing to do is wait a half hour before brushing. If you brush immediately after, you will brush away the enamel that has been softened by the acid. Feel free to discuss acid erosion with our hygienists*

## What you need to know about your baby's oral health

*If there are no previous concerns, the best age for your little one to have their first dental consult is 3 years old. You should expect the first baby tooth between 4 and 8 months and you should begin to clean the first tooth and mouth with either a clean damp cloth or an infant's toothbrush with saltwater or with non fluoridated toothpaste. Before the first consult, we recommend that you bring your child to your appointments so he or she can become more familiar with the office and staff. We also ask that you speak positively about your dental appointment experience. We try to make each dental visit happy and fun for your child. We use positive words to describe the treatment and the equipment. It is important that parents not use "the needle" as a threat when their child misbehaves which only makes them afraid of us. We would like to build a happy, anxiety-free relationship with them that they can carry on throughout their life!*

Welcome  
to the office of  
**Dr. Pat Martino**  
and  
**Dr. Michael Zhu**



Check out our website at  
[www.drpatmartinodental.ca](http://www.drpatmartinodental.ca)

**DENTISTRY  
FOR EVERY MEMBER OF  
YOUR FAMILY**

**SERVING THE  
BRAMPTON COMMUNITY  
FOR 30 YEARS**

## COVID SAFETY

During the first lockdown in March 2020, the office has implemented many new health protocols to keep both staff and patients safe from Covid-19. All our operatories are sealed with doors and glass



Within each operatory and reception area we have a hepa filter that is capable of trapping viruses and bacteria.

In the operatories where the dentist works out of, there is an additional high efficiency hepa filter to trap the aerosols generated during dental procedures.



All patients are prescreened and we follow up with everyone to ensure all patients continue to be safe.

## COVID SAFETY CONT'D



We adhere to social distancing and our reception area has a plexiglass shield for added protection.

The entrance is equipped with a hand sanitizer station and we disinfect all commonly touched surfaces including washrooms and door handles.



We are well stocked in personal protection equipment and all dentists, assistants and hygienists wear fit tested N95/KN95, face shield, gowns and protective eyewear.

We follow a very strict sterilization process documenting all results and using only instruments that have passed our infection protocol. We take everyone's safety very seriously during this pandemic and we hope everyone continues to stay safe.

## PRF

PRF stands for Platelet Rich Fibrin. When a patient wants to replace missing teeth with implants, sometimes there may not be enough bone. We can actually grow bone with our grafting technique. By utilizing a component of your own blood which is high in PRF, we can enhance healing quality and allow additional bone to regenerate where teeth are missing allowing implants to be placed with greater success.

## VENEERS



Dramatically improve the appearance of your front teeth with permanent, strong and colour-stable porcelain veneers.